

Cooperation, Trust, and Empathy

Coparenting Principles: Lesson 6





Easier said than done!



When trust and
communication
have broken
down,

they are had to
rebuild.

Why should you cooperate
with your Coparent?

Parental conflict is
worse for children than
the separation itself.



The background is a solid teal color. In the top right corner, there is a large, stylized starburst graphic with many sharp points. In the bottom left corner, there is a smaller, similar starburst graphic.

COOPERATION

reduces transaction costs.



Nothing we do is free --
especially with Coparenting.

Example:
Emma loves soccer –
and her parents
cooperate well!





Emma can enjoy her sport with no
parental tension getting in the way.

What if Emma's parents
do not cooperate?

Soccer games aren't nearly as much
fun for everyone!





Emma's parents are more
focused on their arguments
than on her.

WHICH SCENARIO
WOULD YOU CHOOSE?

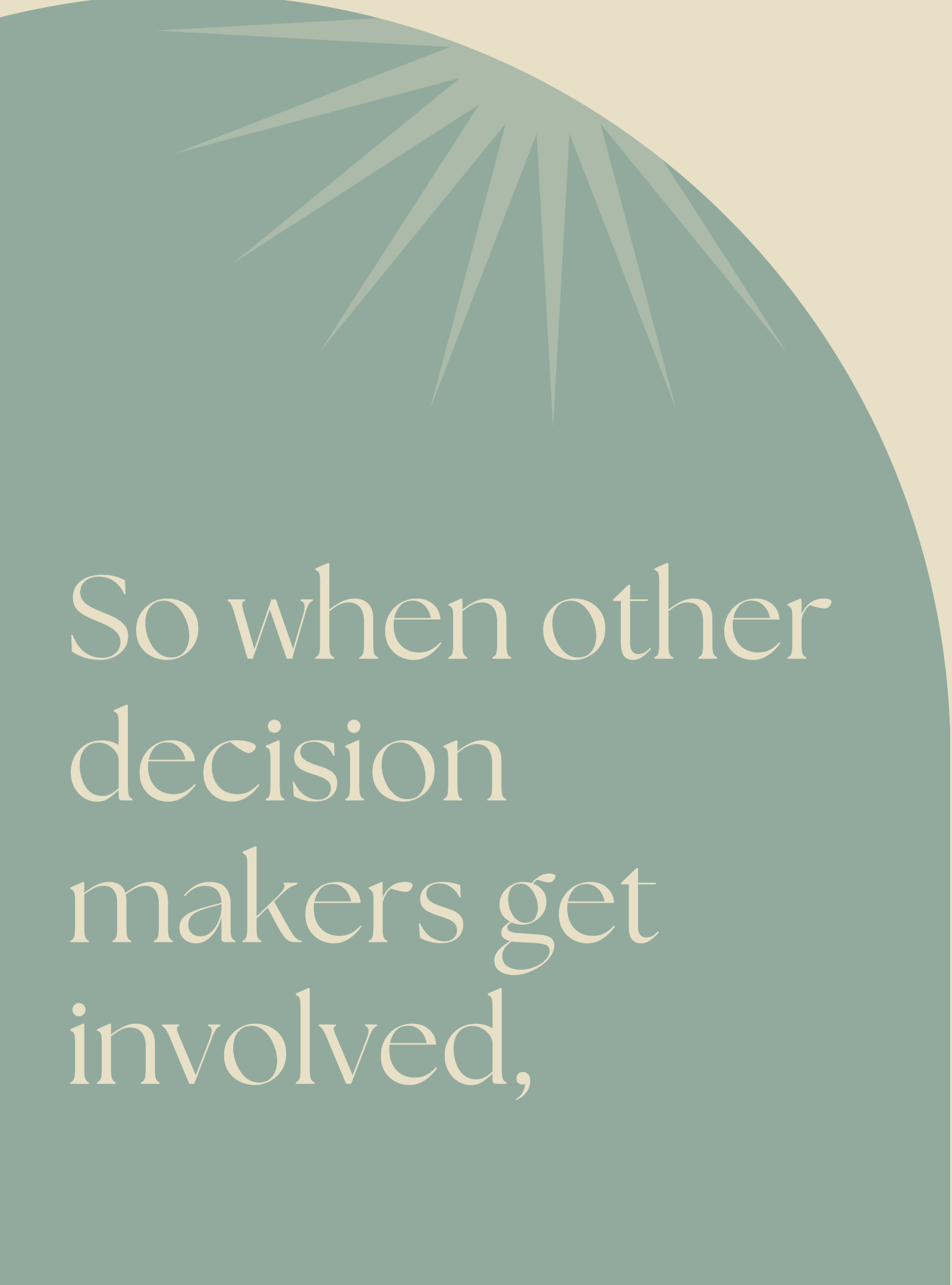


Your lack of
cooperation...

is an extra tax on your
life.



WHY SHOULD YOU COOPERATE
if your Coparent won't?

A teal-colored sunburst graphic is located in the top-left corner of the image. It consists of several sharp, triangular rays radiating from a central point, creating a fan-like shape. The rays are a slightly darker shade of teal than the background.

So when other
decision
makers get
involved,

you've earned
goodwill in their eyes.



Successful cooperation is part attitude
and part action.



Leave the past
IN THE PAST!

Focus on your
child's current
needs and
opportunities.



EACH BIOLOGICAL PARENT

is a unique and valuable
person in the child's life.



Start small to rebuild trust.

A large, stylized sunburst graphic in a light orange color, positioned on the left side of the image. It has many thin, radiating lines of varying lengths, creating a starburst effect.

Help your Coparent be
more transparent by
incentivizing their honesty.

A smaller, stylized sunburst graphic in a light orange color, positioned in the bottom right corner of the image. It has several thin, radiating lines of varying lengths, creating a starburst effect.



Offer ideas,


not judgment or
commands.

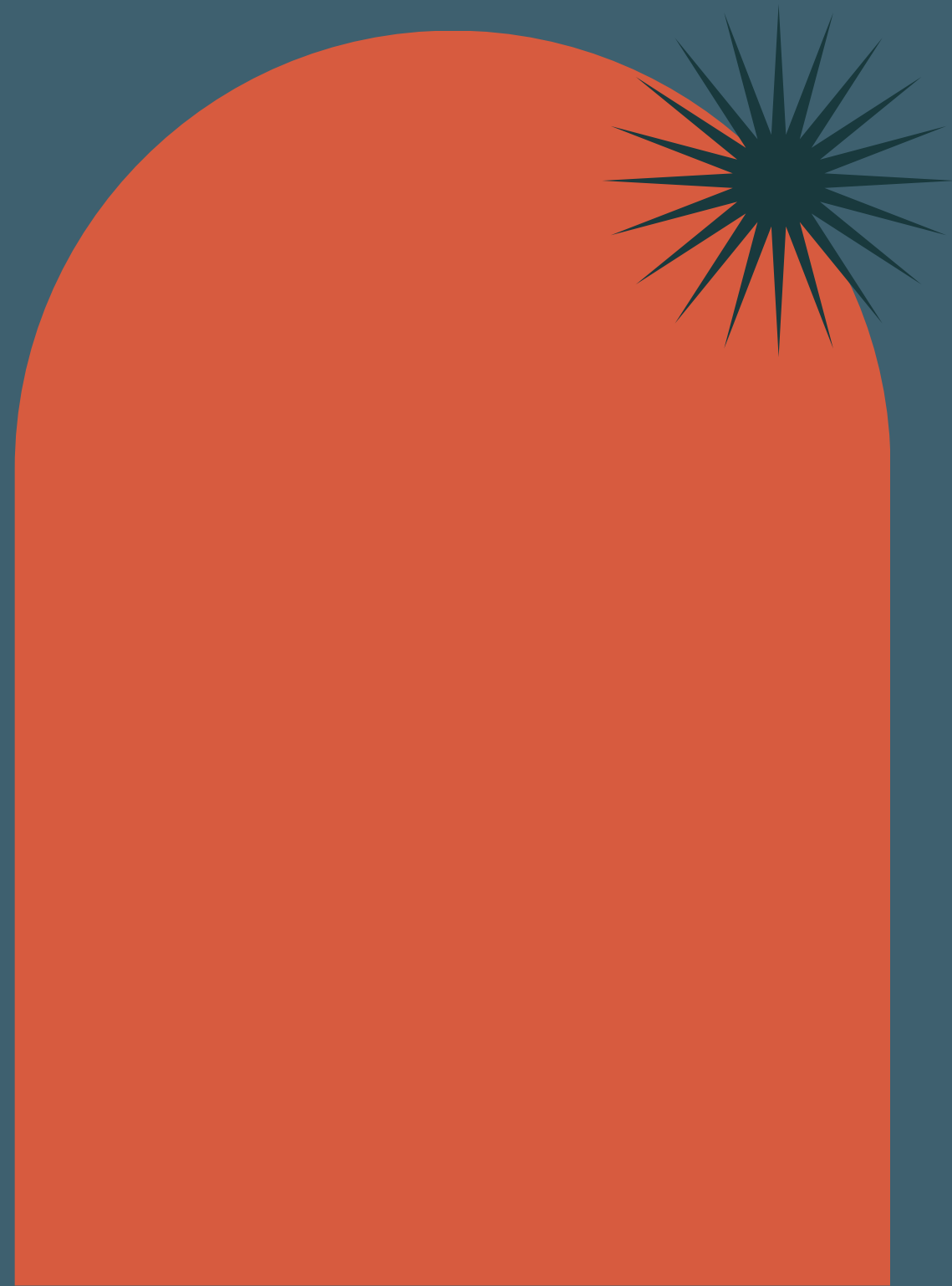
TRY TO SEE A SITUATION
FROM YOUR COPARENT'S
PERSPECTIVE.



THE PAYOFF

is less conflict and drama for you
and your children.





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