

Createa Proper Coparent Environment

Coparenting Principle 3



Why should I help my Coparent be a good parent?

Increasing their parenting capacity is best for your child.



Refuse to contribute to unnecessary Coparenting conflict.



Getting back at your Coparent...

doesn't serve your child's best interest.

Build the struggling parent's self-esteem as a "good parent."

Traditionally, household tasks were divided based on interest and aptitude.

With divorce,

that division is often weaponized.

Allow your Coparent to help carry the load!

Help your Coparent become



engaged



Think of their potential benefit to your child.

Share important information about your child.

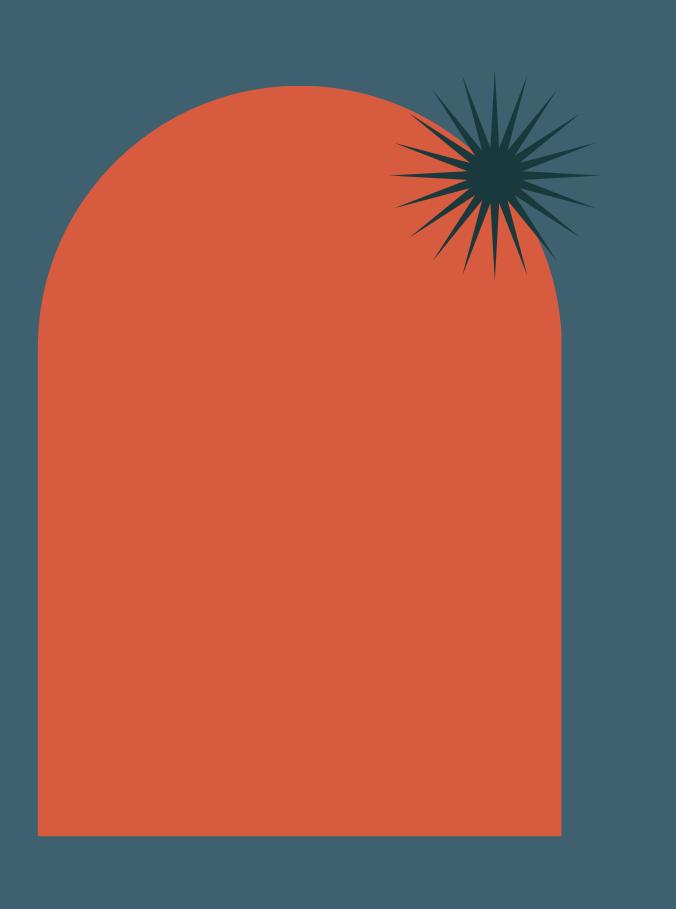


Celebrate your Coparent's small improvements.

Your parenting burden will decrease,

as your Coparent's capacity increases.

If all your attempts are unsuccessful, you've at least shown the court how hard you've tried to succesfully Coparent.





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