Necessary Communication

7 KEYS TO BETTER COMMUNICATION: LESSON 1

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What is "necessary" will depend on many different factors

"necessary" does not mean "helpful"

what you see
as helpful

may be perceived by
your coparent as a jab

NECESSARY INFORMTION

conveys the who, what, when, where, and why of a situation

the child's age

also dictates what information is necessary

Necessary communication provides the basic details the parties need

Keep your communication simple and focused on the issues at hand.

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