

Consider Your Coparents Response

ACTIVE CONFLICT RESOLUTION: LESSON 3



Receive Vour coparent's response in ahelpful Way.

Thank them for responding even if it's not what you wanted to hear.



Separate the substantive response to your concern from any unhelpful packaging.

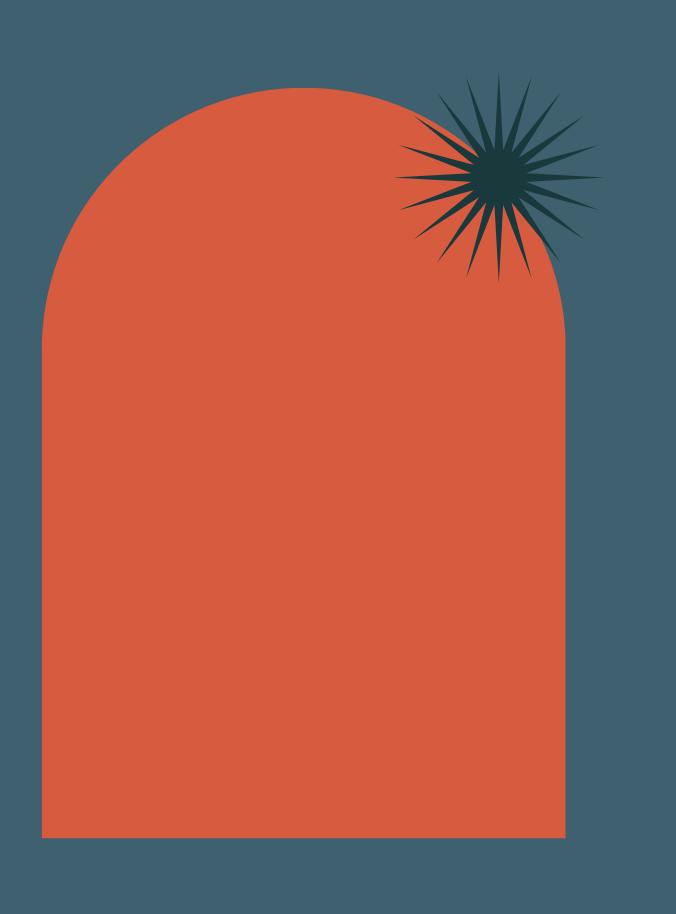
Lock in any accomodations you've received...

...and ignore hurtful comments.



If they deny your request - how can you address their reservations - in order to find the win-win scenario for you both?

Is the accommodation you requested worth the expense of a professional meeting or filing a motion? If not, then it's time to let the matter drop and move on.





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